



RISE UP & LIVE: TRANSFORMATION OF MIND, HEALTH AND LIFE



RURAL CAMP
NAGAMANGALAM,
MANIKANDAM BLOCK,
TIRUCHIRAPPALLI-620028



DEPARTMENT OF SOCIAL WORK
BHARATHIDASAN UNIVERSITY
KHAJAMALAI CAMPUS
TIRUCHIRAPPALLI-620023.

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SOCIAL MAPPING



FIRST-AID DEMO



UNDERSTANDING OF COUNSELLING



GUIDANCE OF THE RURAL CAMP



INAUGURATION AND YOUTH AWAKENING DAY



SWACHH BHARAT MISSION ACTIVITIES



CAREER GUIDANCE



ENTREPRENEUR DEVELOPMENT



YOGA



FREE EYE CAMP



SKILL DEVELOPMENT PROGRAMME



ILL EFFECTS OF DRUGS



WOMEN EMPOWERMENT



NATUROPATHY MEDICAL CAMP



LEADERSHIP AND TEAM BUILDING



NATUROPATHY TREATMENT



VETERINARY CAMP



VALEDICTORY FUNCTION

FOREWORD



It is with great honour and pride that I present to you the latest News letters for our Department of Social Work. As we continue to provide essential services to the community, we must share our mission, values, and achievements with the world.

The Department of Social Work, Bharathidasan University was started in the year 1996, offering a two-year MSW programme. It has since then evolved into one of the flagship departments of the University offering PG Diploma, Masters, M.Phil. and PhD programmes. The Department offers MSW programmes with specialization in Community Development, Medical and Psychiatry, Human Resource Management, Criminology & Correctional Social Work and Youth Development. Besides, the Department also offers a certificate programme. The essence of Social Work springs from the community and hence all the activities of the department are people-oriented. To give such exposure to the students, the department provides concurrent fieldwork training and block placement in various agencies working for the welfare of the people. Regular workshops and seminars are conducted for the benefit of the students by different professionals in the field. The department also organizes rural camps to enhance the professional skills of the students.

Through innovative programmes and services, we aim to address the complex and diverse needs of our community, including support for mental health, education and employment, and access to resources and services. We believe that by working together, we can make a lasting positive impact on the lives of those we serve. From our commitment to empowering individuals and families to our efforts to improve the well-being of our communities, our goal is to make a positive impact in the lives of those we serve.

I hope that this News letters will serve as a source of inspiration and encouragement for those who believe in the power of social work to bring about positive change. I invite you to explore the pages of this News letters to learn more about the community organisation programmes and the positive impact we are making in our communities. Thank you all for your continued support extended to the department and the important work we do.

- Dr.R. Mangaleswaran
Head of the Department
Department of Social Work
Bharathidasan University

OUR DEPARTMENT PROFESSORS AND FACULTIES



Dr.J.O. Jeryda Gnanajane Eljo,
Associate Professor,
Department of Social Work,
Bharthidasan University.



Dr.D. Nirmala,
Assistant Professor,
Department of Social Work,
Bharthidasan University.



Dr.N. Rajavel,
Assistant Professor,
Department of Social Work,
Bharthidasan University.



Dr.M. Suresh Kumar,
Guest Faculty,
Department of Social Work,
Bharthidasan University.



Dr.R. Karthikeyan,
Guest Faculty,
Department of Social Work,
Bharthidasan University.



Mrs.P. Priya, MSW., M.Phil.,
Guest Faculty,
Department of Social Work,
Bharthidasan University.



Mrs.P. Manicka Jothi, MSW., M.Phil., (Ph.D)
Guest Faculty,
Department of Social Work,
Bharthidasan University.



NAGAMANGALAM SOCIAL MAPPING

Resource Person: Dr. N. Rajavel

The rural camp began on 15th October 2022, in the Community Hall at Nagamangalam. Dr.N.Rajavel, Assistant Professor, Department of Social Work, Bharathidasan University. Mentored the I MSW students on social mapping. The students were divided into four groups, and each group was sent to one street for practical learning on social mapping. Each team presented their social mapping survey to the localities of Nagamangalam. After completing social mapping, a demonstration of the ambulance structure and its services were explained by the Staff Nurse, Mrs. Susila, PHC of Nagamangalam.



Demonstration of ambulance services

UNDERSTANDING OF COUNSELLING

Resource Person: Mrs. Aruna Praveen

The program on “Understanding of Counselling” was held in the Community Hall of Nagamangalam. The chief guest Mrs. Aruna Praveen, Counsellor, Athma Mind Centre, emphasised the necessity of communication between the client and the social caseworker for I MSW Students. In addition, she expounded on the skills that social caseworker ought to keep.



Dr. N. Rajavel presented a memento to the chief guest Mrs. S. Aruna Parveen



We know a systematic method to help people with emotional, physical, cognitive and mental disabilities accomplish their life goals and live a cherishable life.

Later she expound various skills of social case worker like trust, respect, patience, tenacious speech, keen observation and so on. And she made the students understand the art of counselling through practical learning by assigning certain cases.



GUIDANCE FOR RURAL CAMP

Resource Person: Mr. J. Karan Louis



CAMPUNITY

The Chief Guest, Mr. J. Karan Louis, mentored students on the principle, purpose, Mission & Vision and responsibilities of each committee in a rural camp. Then he enumerates the Do's and Don'ts of social work students. At the end of the session, he gathered a few students and to gave a practical experience of collecting funds.



INAUGURATION

Resource Person: Dr S. Sekar

The inaugural ceremony of the rural camp was held in the Community Hall at Nagamangalam. The Chief Guest Dr. S. Sekar – Syndicate Member, Bharathidasan University and Principal of Meenakshi Ramaswamy Arts and Science College, Mr. Vellachamy, the President of Nagamangalam village, Dr. R. Mangaleswaran - Professor & Head of the Department- Social Work, Dr N. Rajavel - Assistant Professor & Co-ordinator of rural camp lit the lamp and inaugurated the camp. The chief guest Dr. S. Sekar addressed the students on the crucial aspects of social workers and inspired the students with encouraging words & wisdom for a successful rural camp.



Felicitation brought off by Dr. J. O. Jerryda Gnanajane Eljo.

YOGA AND MEDITATION

Resource Team: Heartfulness Team



The second day of rural camp began with yoga & meditation for the students team for an hour to initiate a healthy day of service in the camp.

SWACHH BHARAT MISSION

Resource Persons: Dr. D. Nirmala & Dr. N. Rajavel
(Camp Co-Ordinators)



Trainees going to transplanting along with the farmers

The lead Programme for the second day was Swachh Bharat Mission. This Mission was navigated by Assistant Professors, Dr D. Nirmala & Dr N. Rajavel, Department of Social Work, Bharathidasan University. The two major activities carried out the Swachh Bharat Mission were Field Farming & Community Survey study by the students at Gandhi Nagar.



Trainee's love towards the baby.

MENTAL HEALTH

Resource Person: Mr. J. Karan Louis



Master of ceremony brought off by the trainee

A mental health program was conducted for the I MSW students at Don Bosco Media College Auditorium on 16th October. Mr. J. Karan Louis was the Chief guest of the day who presented the importance of Mental Health to the students through visual presentation, and he depicted the data collection on Mental Health and the process of chemical penetration in the Central Nervous System (CNS).



Resource person's awareness speech on mental health

CAREER GUIDANCE

Resource Person: Mrs. Latha Ponraj



Trainees inviting the resource person

The Career Guidance programme was conducted at the Don Bosco Media College Auditorium for 1st MSW students. Chief guest Mrs. Latha Ponraj instigated the students to avoid lame reasons like work procrastination, impatience, financial hurdles, and lack of support that stands as a rock in front of their goal. She also emphasised the pupil to concentrate on extracurricular exercise because that is the thing which carves out a perfect adult man.



Welcome speech delivering by the trainee

ENTREPRENEUR DEVELOPMENT

Resource Person: Mrs Latha Ponraj



Initiating the programme by organizing the local heads of Gandhi Nagar

An Entrepreneur Development Programme was conducted for the community people, held at Gandhi Nagar. The Chief Guest Mrs. Latha Ponraj makes a stand on the necessity of education to cope with daily life. She accentuated that the “Success of a single woman, is a development of family”. More than 50 people were benefited from this programme.



Trainees & Professors along with the Gandhi Nagar localities at the end of the programme

YOGA AND MEDITATION

Resource Team: Heartfulness Team



Trainees practicing meditation

As a beginning of the third day of rural camp, yoga & meditation was conducted for the students for an hour.



Trainees practicing asanas with the guidance of yoga trainer

FREE EYE CAMP

Resource Team: Dr. Arul & Team
Joseph Eye Hospital, Trichy.



Doctor conducting the ophthalmoscopy to the elder

Bharathidasan University organised the Free Eye Camp programme, 1st MSW Trainees collaborated with Joseph Eye Hospital. The free eye camp was conducted for the people in the community hall at Nagamangalam. More than 100 people benefited through this free eye camp and got proper treatment.



Nurses checking the Snellen Eye Chart test for the people



Trainee welcoming the resource person with warm speech

SKILL DEVELOPMENT PROGRAMME

Resource Person: Ms M. Tamil Vani

The Skill Development Programme was conducted for the 1st students at Community hall, Nagamangalam. The Chief Guest, Miss M. Tamil Vani, motivated the students by sharing her life's ebb and flow. In addition to that emphasised that skill development is essential for students in this fast-paced machine world.



Trainees formally greeting the resource person

ILL-EFFECTS OF DRUGS

Resource Person: Mr S. Pragadeeswaran



Resource person interacting with trainees

A programme on the Ill Effects of Drugs was conducted for the students of I MSW. In the noon the chief guest Mr. S. Pragadeeswaran, Counsellor, Athma Mind Centre defined various drug addictions and expounded on a topic like carnal knowledge. He concluded his speech by using the aphorism of how self-control is necessary for every human's life to lead a disciplined and meaningful life.



Resource person speech on Ill effects of drugs

RESOURCE PERSON ILLUSTRATES THE IMPORTANCE OF WOMEN EDUCATION

WOMEN EMPOWERMENT

Resource Person: Dr Kanimozhi

In the evening, a community programme on 'Women Empowerment' was conducted in the community hall of Nagamangalam. The chief guest Dr. Kanimozhi emphasised that the process of empowerment does not happen overnight. We live in a society where women have the right to vote, equal representation in political forums and the right to education. Empowering women involves encouraging them to be financially, culturally and socially independent. She also insisted that a woman must be entitled to pursue what she loves and develop into a fully functioning human. Her individuality must be nurtured and acknowledged.



TRAINEE PERFORMED DANCE TO GATHER PEOPLE

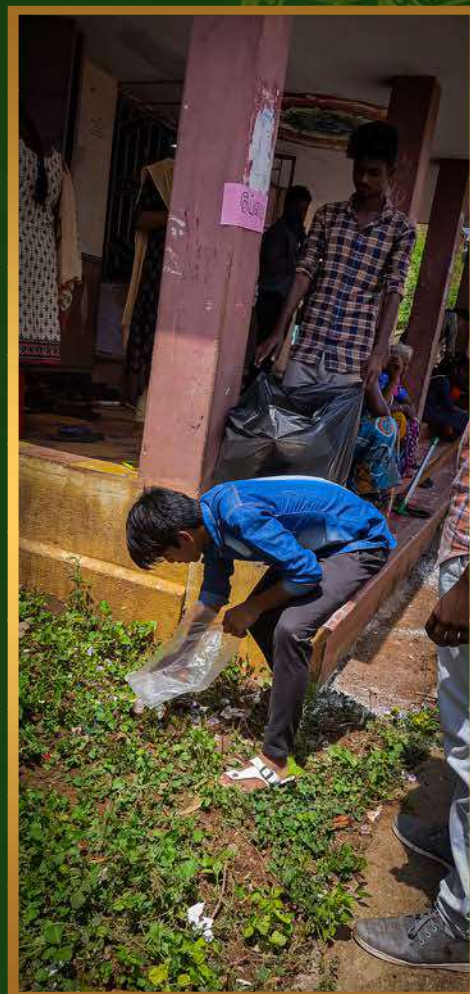


Professor & Head of the Department visits the Naturopathy Camp

NATUROPATHY MEDICAL CAMP

Resource Team: Sri Jayaranga Ayush, Trichy.

On the fourth day of rural camp, free Naturopathy Medical Camp was organised by I MSW students, Bharathidasan University in collaboration with Sri Jayaranga Ayush. This free Naturopathy Medical Camp was being held at the Housing Unit of Nagamangalam. The Chief Guest, Dr. Manisundar, advocates to the people of Housing Unit on the importance of own health, minimising symptoms of illness through naturopathy, the greatness of exercise, sunlight, freshwater, stress management, a healthy diet and the body's own ability of self-healing. More than 50 people were benefited through the free Naturopathy Medical Camp.



Trainees involving in sanitary work



Doctor conducting general check up for the community people



Professors friendly interaction with the localities

LEADERSHIP AND TEAM BUILDING

Resource Person: Mr. N. Arunkumar



Associate professor's felicitation to the resource person

At noon, the Leadership and Team Building programme was conducted for 1st students at Don Bosco Media College Auditorium. The chief guest Mr. N. Arunkumar stated that leadership is not simply about leading, but rather how to motivate and inspire people to follow leadership is vital in team building because leaders guide teams.



Resource person illustrating the disaster management through visual presentation

DISASTER MANAGEMENT

Resource Person: Dr. C. LAKSHMANAN

The programme on Disaster Management was conducted for the 1st students at Don Bosco Media College Auditorium. The chief guest Dr. C. Lakshmanan discussed the bygone era of Disaster Management. He explained the types of disasters, which is man-made and natural. He interpreted the responsibilities of Centre for Disaster, Coastal & Remote Sensing Department. Using visual presentation, he expounded the advanced weather forecast technology, whether IMD (Indian Meteorological Department) and satellite navigation or Sarnav system GNSS (Global Navigation Satellite System).



Associate professor's honouring the chief guest

NATUROPATHY TREATMENT

Resource Team: Sri Jayaranga Ayush



Trainees conducting games competition for the Housing Unit childrens

The community programme on Naturopathy Treatment was being held at Housing Unit of Nagamangalam. The chief guest Dr. Keerthana created awareness among the parents about what kind of nutritious food should be consumed by their children, and she also talked about what kind of sustenance the enceinte should consume. Besides that, she also taught common exercises that everyone could do, like breathing exercises.



Trainee welcoming the chief guest with pleasant greetings



Housing Unit children enthusiastically participating in KOLAM competition



Children happily receiving the prize from the Associate professor



Trainees enjoy with Housing Unit children



Trainees distributing pencils to all the children

FREE VETERINARY MEDICAL CAMP

Resource Team: Dr. Ganapathy Prasanth AD and Team,
Government Veterinary Hospital, Mekkudi.



Professors and President of Mekkudi in the veterinary camp

1st MSW Trainees, Bharathidasan University in collaboration with Government Veterinary Hospital was organised a free veterinary camp. The Camp is being held at Mekkudi village. Localities of Mekkudi village also enthusiastically brought their animals and got the proper treatment for their animals in the free veterinary camp. More than fifty animals benefited from this camp. After giving medicine to the animals, Dr. Inbaselvi gave a speech on awareness among the students about animal husbandry.



Trainees love and care towards animals



Vaccinating the dog



Veterinary doctor explaining to the trainees on the necessity of domestic animals



Trainees helping the cow to get medication



Resource person's speech on importance of education among primary school students

IMPORTANCE OF EDUCATION

Resource Person: Dr R. Karthikeyan

I MSW trainees, Bharathidasan University organised the programme on the Importance of Education, and it was conducted for the Primary school students of Mekkudi. Dr. R. Karthikeyan educated the student about overcoming obstacles like child labour & poverty through a small story. He concluded his insightful speech by advocating the students on the importance of education by quoting a Thirukkural.

“கண்ணாடையர் என்பவர் கற்றோர் முகத்திரண்
புண்ணாடையர் கல்லா தவர்.”

“Men who learn are said to have eyes, Men say:
Blockhead's faces pairs of sores display.”

DAY - 5



VALEDICTION

The Valedictory Ceremony of rural camp was held on 19th October 2022, at Don Bosco Media College Auditorium. The chief guest Fr. Joe, Administrator of Don Bosco Media College, congratulated and appreciated the faculties and students of Department of Social Work for their efforts in putting up for the Rural Camp. Then the Special Guest Mr. Vellachamy, President of Nagamangalam Village, motivated the students with his inspiring and thought provoking speech.



A view on staff and 1st MSW Students in Validation ceremony

EVALUATION



A view on Evaluation

At the end of each day of the rural camp, students gathered in a common hall for assessment. The evaluation was conducted on a daily basis under the guidance of each faculty, who took in charge for that day. The camp review & assessment was conducted around 9.30pm. During evaluation, students & in charge faculty sat in a circle form. Next to that, each committee explained the activities they had done that day. First, faculty mentored the mission & vision of the rural camp. Then the faculties highlighted each groups work over the day and explained them, how to rectify their flaws. At the end of the assessment, students also shared their feedback on other committees. Then, each committee outlined their action plans for the next day.

CAMPFIRE



Cultural performance by a trainee



A view on campfire performance

COMMITTEES



CAMP LEADERS

1. ARUNA. M (CAMP LEADER)
2. DHATCHINA MOORTHY. M (ASST CAMP LEADER)



TIME KEEPERS

1. ATHULYA R PILLAI
2. JANARANJITH. G

PROGRAMME COMMITTEE



1. SATHYANARAYANAN. A.R.V
2. AARTHI. S
3. SIVARANJINI. N
4. DEEPSHI REYAN. M

5. NIVETHA. M
6. RUTHRAPATHI. V
7. SHANMUGAPRIYA. M
8. BHUVANA. A

FOOD AND ACCOMMODATION COMMITTEE



1. FARJANA PARVEEN. N
2. JAYALAKSHMI. K
3. MERTHIGA. R

4. AKILA. M
5. KAVI RAJAN. P

TRAVEL COMMITTEE



1. POOVARASAN. M

2. THIVAKAR. J

3. SANTHOSH. C

4. JAYAKUMAR. M

5. DHINESHKUMAR. G

6. ELAVARASAN. S



FINANCE COMMITTEE

1. SHRUTHI. M

2. SATHYA KAYATHRI. G

CULTURALS COMMITTEE



1. GHAJALAKSHMI. M

2. KESIYA. R

3. MAHALAKSHMI. R

4. NIKITHA. N

5. PANDI EASWARI. M

6. BHARTHI RAJA. R

PURCHASE COMMITTEE



1. BRINDHA. A

2. MEGALAKSHMI

3. DHATCHINA MOORTHY. P

4. BHARATHIRAJA. R

5. BHARATHIRAJA. G

DISCIPLINE COMMITTEE



1. KALIDHASAN. P

2. ATHULYA R PILLAI

3. VERONIKA. P

4. PRINCY. V.F

5. ARJUNAN. N.A

REPORT COMMITTEE



1. ARUNA. M

2. THIVAKAR. J

3. NIKITHA. N

4. DEEPSHI REYAN. M

5. MARY JONES. J

6. SATHYANARAYANAN. A.R.V

MOMENTS





CONTACT US:

PROFESSOR & HEAD
DEPARTMENT OF SOCIAL WORK
BHARATHIDASAN UNIVERSITY
KHAJAMALAI CAMPUS
TIRUCHIRAPPALLI - 620 023
TAMIL NADU, INDIA

PHONE : + 91 431 2407071

WEB SITE : <https://www.bdu.ac.in/schools/social-sciences/social-work/>

E-MAIL : swk@bdu.ac.in

YOUTUBE : <https://youtube.com/@departmentofsocialwork-bdu1287>

FACEBOOK: <https://m.facebook.com/100064045540299/>

TWITTER : <https://mobile.twitter.com/socialworkbdu>

TELEGRAM: <https://t.me/BDUDSW>



BHARATHIDASAN UNIVERSITY

DEPARTMENT OF SOCIAL WORK

Khajamalai Campus,
Tiruchirappalli- 620 023.