ANTI-DRUG CLUB ACTIVITY REPORT

Bharathidasan University

Tiruchirappalli -620 024

Student Induction Programme (July 2025)

As part of the Student Induction Programme, Dr. A. Antony Joseph Velnaganni, Co-Ordinator by Anti-Drugs Committee delivered an insightful session on the importance of maintaining good health and well-being. He emphasized the significance of adopting a healthy lifestyle, balanced nutrition, regular physical activity, and mental wellness for overall development. The programme was conducted in two sessions, with more than 500 students participating in each session. During the session, he also highlighted the detrimental effects of drug abuse on individuals and society, explaining how substance addiction can adversely affect physical health, mental stability, academic performance, family relationships, and social harmony. The interactive session created awareness among students about making responsible choices and encouraged them to lead a healthy, drug-free life while contributing positively to society.



DRUG ABUSE AWARENESS RALLY (August 2025)

The **Drug Abuse Awareness Rally** was organized on **11th August 2025** at **Bharathidasan University Main Campus** by the Anti-Drugs Committee in association with the National Service Scheme (NSS). The program began with a welcome address by **Dr. A. Antony Joseph Velanganni**, Coordinator of the Anti-Drugs Committee, who emphasized the importance of collective action against drug abuse. The rally was officially flagged off by **Prof. V. Rajesh Kannan**, Member of the VC Committee and Syndicate Member of Bharathidasan University, along with **Prof. R. Kalidasan**, Registrar (FAC), Bharathidasan University and **Dr. B. Jeyapragash**, Controller of Examination (i/c). The event was graced by Anti-Drug Committee members and NSS coordinators/programme officers, including **Dr. M. Anusuyadevi Jayachandran**, **Dr. T. Sivasudha**, **Dr. P. Ramajayam**, and **Dr. V. Yoganandhan**. The rally aimed to educate the community about the harmful effects of drug abuse and to encourage healthy, drug-free lifestyles, while raising awareness among youth, parents, and the general public about prevention strategies and available support systems. More than **300 participants**, including students, teachers, non-teaching staff, research scholars, healthcare workers, social activists, and members of the public, actively took part in the rally. The participants displayed placards and banners with powerful anti-drug slogans such as “Say No to Drugs, Yes to Life,” “Your Future Matters – Stay Drug-Free,” and “Healthy Mind, Healthy Body – Stay Away from Drugs.” Pamphlets containing educational material were distributed, and the rally created a strong visual and emotional impact, fostering a sense of community responsibility. The event successfully inspired many participants to actively engage in future awareness campaigns, marking it as a significant step towards building a healthier and drug-free society







போதைப்பொருள் எதிர்ப்பு விழிப்புணர்வு ஊர்வலம்

மணிகண்டம், ஆக.14–

பாரதிதாசன் பல்கலைக்கழக நாட்டு நலப்பணித்திட்ட குழுமத்தின் சார்பில் போதைப்பொருள் எதிர்ப்பு விழிப்புணர்வு ஊர்வலம் பல்கலைக்கழக வளாகத்தில் நடைபெற்றது. நிகழ்ச்சியை குழுவின் ஒருங்கிணைப்பாளர் அந்தோணி ஜோசப் வேளாங்கண்ணி தொடங்கி வைத்து பேசினார். பல்கலைக்கழகத்தின் துணைவேந்தர் கூட்டமைப்பு குழுவின் உறுப்பினர் ராஜேஷ் கண்ணன், பதிவாளர் காளிதாசன், தேர்வு கட்டுப்பாட்டாளர் ஜெயபிரகாஷ் ஆகியோர் ஊர்வலத்தை தொடங்கி வைத்தனர். இதில் போதைப்பொருள் எதிர்ப்பு விழிப்புணர்வு வாசகங்களை கொண்ட பதாகைகளை மாணவர்கள் ஏந்தி சென்றனர். மேலும் போதைப்பொருள் எதிர்ப்பு குறித்த விழிப்புணர்வு துண்டு பிரசுரங்கள் வினியோகிக்கப்பட்டன. நிகழ்ச்சியில் போதைப்பொருள் எதிர்ப்பு குழு உறுப்பினர்கள் மற்றும் திட்ட அலுவலர்கள் அனுசுயாதேவி, ஜெயச்சந்திரன், சிவசுதா, ராமஜெயம், யோகானந்தன் மற்றும் பல்கலைக்கழக மாணவ-மாணவிகள், ஆசிரியர்கள், அலுவலக ஊழியர்கள், ஆராய்ச்சி மாணவர்கள், சுகாதார பணியாளர்கள், சமூக அலுவலர்கள், பொதுமக்கள் உள்பட பலர் கலந்து கொண்டனர். முன்னதாக அனைவரும் போதைப்பொருள் எதிர்ப்பு உறுதிமொழி எடுத்துக் கொண்டனர்.

ANTI-DRUG AWARENESS PROGRAM ON DRUG ABUSE (September 2025)

The Anti-Drugs Committee, Bharathidasan University organized a BECH–RUSA 2.0-sponsored Awareness Programme on Drug Abuse on September 24, 2025, at 10:30 a.m. in the A/C Auditorium, Bharathidasan University, Tiruchirappalli.

The programme commenced with a welcome address by Dr. A. Antony Joseph Velanganni, Coordinator, Anti-Drugs Committee. Dr. V. Rajesh Kannan, Member, Vice-Chancellor Committee & Syndicate Member delivered the presidential address and the session was formally inaugurated by Dr. R. Kalidasan, Registrar (i/c), Bharathidasan University.

The invited guest speakers, Dr. A. Veni, MD, DM (Neuro), Rockfort Neuro Centre, Tiruchirappalli, who highlighted the neurological and health impacts of drug abuse and stressed the importance of adopting a drug-free lifestyle among students, followed by Psychologist Ms.Sowmithra from Prana rehabilitation center described the health and psychological aspects of drug abuse, highlighting its impact on mental well-being, emotional stability, and overall quality of life. Dr. A. Gnanasekar, M.Sc., M.Phil., Ph.D., Inspector of Police, Prohibition Enforcement Wing, Thiruverumbur, Tiruchirappalli, who explained about the legal consequences of drug abuse, enforcement strategies to curb drug-related crimes, and urged students to remain vigilant and responsible in building a drug-free society.

The programme emphasized both the health hazards and social consequences of drug abuse, motivating students to pursue positive life goals and focus on education. The event witnessed the participation of over 300 students from various disciplines of the post graduate programme of Bharathidasan University.

At the conclusion, all participants took a pledge against drug abuse, reaffirming their commitment to “Say YES to Life, NO to Drugs.” The programme ended with a vote of thanks by Dr. T. Sivasudha, Member, Anti-Drugs Committee, followed by the National Anthem.





Overall, these programs created a positive learning environment within the university campus and strengthened student's commitment to promoting a drug-free lifestyle. The initiatives also helped in spreading awareness among the wider campus community and reinforced the message **"Say Yes to Life – Say No to Drugs."** Through the collective efforts of the Anti-Drug Committee and active participation from students, the program successfully contributed towards building a safer, healthier, and more responsible campus environment.